



*Respect, Belonging and Fun Engaged Learning*

## Leadership News

A reminder that this **Friday** is a **Pupil Free day**.

Recently I read an interesting article from a Psychologist, that I've shared below.

"What separates students who get straight A's from students who struggle to pass their classes?"

Is it a high IQ that pushes students to excel in their classes or is there something else?

Angela Lee Duckworth, a teacher turned psychologist, has an answer to that question. After several studies conducted in the military, spelling bees, classrooms, and companies, Angela determined what causes people to excel. Simply put Duckworth says, "IQ was not the only difference between my best and my worst students."

In fact, she often saw cases in which students with higher IQ scores performed worse than students with lower IQ scores. So now we are back to our initial question-what separates students who get straight A's from students who struggle to pass their classes? Angela says grit is the separating factor. She defines grit as "Passion and perseverance for very long-term goals." Contrary to popular belief, grit has a more significant correlation to high school graduation rates than things like family income and social status do. So now you know you do not need to be some inherently intelligent individual to succeed in life, but how do you form grit?

Unfortunately, the answer is not easy and science does not have enough studies showing what actually builds grit, but on the bright side, we do not need to be talented individuals. Angela has observed cases where high talent could be inversely related to grit-in other words, the more talent one possesses, the less grit they may possess.

Additionally, Angela offers some hope from a study called "growth mindset" performed by Stanford's Dr Carol Dweck. Angela says the concept of growth mindset is, "The belief that the ability to learn is not fixed and it can change with your effort." This means that if you failed to show grit in the past, you still have time to develop it.'

At the Pines we have been working with our students to develop attributes of a growth mindset, the belief that hard work and effort, the basis of 'grit' build powerful learners who have resilience. As parents you can assist your child by positive comments about their effort and work when they try hard and don't give up. We talk to the children about -if you can't do it yet, you will do it, if you continue to put in effort. Positive reinforcement about having a go and sticking to a task with effort, assists to build resilience.

### Influenza

We have had a few students with Influenza A or B so far this term. The flu virus is spread when children talk, cough or sneeze, infection may also spread by contact with hands, tissues and other infected articles. Influenza is much more serious than the common cold, it has an incubation period is 1-4 days with symptoms lasting between 5 to 7 days. Treatment is usually rest and drinking plenty of fluids. For further information <https://www.cdc.gov/flu/about/keyfacts.htm>

Cherie Collings  
Principal

### *Dates to Remember*

#### **Term 2**

#### **Week 6**

**7th June**

**Pupil Free Day**

#### **Week 7**

**10th June**

**Queen's Birthday  
Public Holiday**

#### **Week 8**

**17-20th June**

**SAPSASA**

**Netball/Football  
Competition**

#### **Week 9**

**26-27th June**

**School Photos**

Principal  
Cherie Collings

Deputy Principal  
Sam Konnis

The Pines School  
42 Andrew Smith Drive  
PARAFIELD GARDENS SA 5107

Phone: 8281 2199  
Fax: 8281 5858

E-mail:  
dl.1777.info@schools.sa.edu.au  
Web: www.thepines.sa.edu.au

# SRC Pumpkin Soup Fundraiser

Thank you to the staff and students that supported the **Hutt Street Centre** by purchasing or donating money towards the **SRC's Pumpkin Soup Fundraiser**. The students raised **\$136.30**. This means that we have raised enough money for a starter pack to support somebody that is moving from the street to a home. We have also raised enough money to ensure that another person that is experiencing homelessness is able to shower, have their clothes cleaned and have access to a storage locker for 3 months. Thank you to the students who volunteered their time to serve soup, and also to our groundsman Mark for supplying the organic pumpkins from our garden to cook and also for cutting up a lot of pumpkins. Another thank you to Miss Sue for chopping up lots of onions and peeling lots of potatoes. If you would like to make any more donations to the Hutt Street Centre you can get more information on their website - <https://www.huttstcentre.org.au/>



Jacqui Simpson  
Student Well-Being Leader

## Reconciliation Week at The Pines

Week 5 was Reconciliation Week around Australia. Classes were engaged in Aboriginal Culture, some of the history of Australia's colonisation, and discussing matters which still affect Aboriginal people today. The theme for this year is **GROUNDING IN TRUTH**, which signifies the importance of all Australians to understand some of the difficult circumstances in which many Aboriginal families have come from. Students came together to make a 'Sea of Hands' display in the garden, which is a symbol for Reconciliation. We also created a display in the Library, based on this year's Reconciliation Week Poster. We were also treated to a performance by musician Nathan May on Friday, which the students thoroughly enjoyed.





# ROOMS 10 & 11

Last week, Rooms 10 & 11 attended the DreamBIG Children's Festival in the city.



Students visited the Adelaide Festival Centre

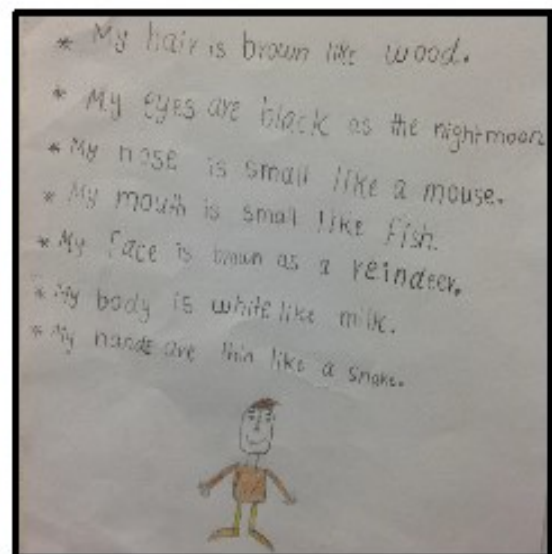
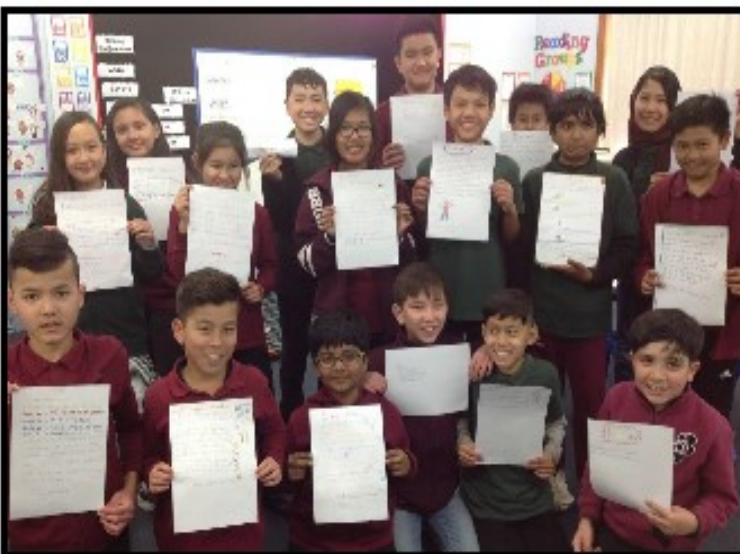
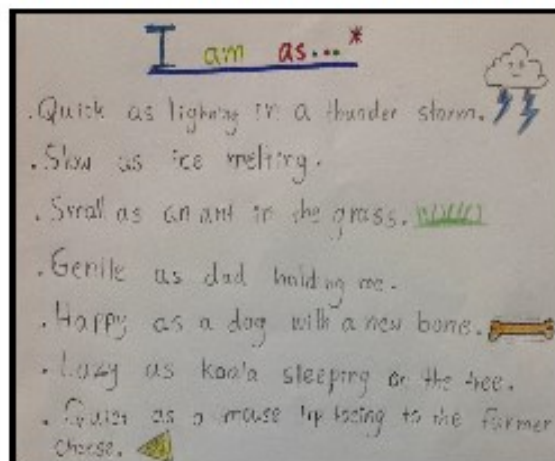
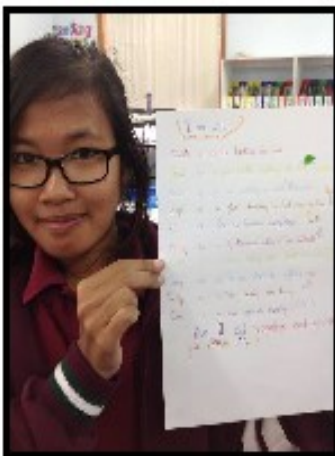


Students danced in a Silent Disco.



Students mixed with other schools.

In Room 10 this week, we have been creating simile poems about ourselves. We think they turned out really well.



# COMMUNITY NEWS

## Nude Food Day! Coming soon to The Pines!

**Wipe out Waste** WOW

**Pack waste free food!**

Did you know that up to 50% of items in school/preschool bins come from food and drink packaging is brought from home?

**Pack**

- Snacks in reusable containers
- Drinks in a reusable bottle
- Reusable utensils when needed
- A reusable lunchbox or back-pack

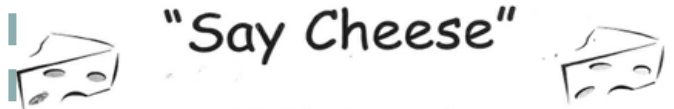
**Avoid**

- Lunches packed in plastic bags, cling film or foil
- Disposable drink boxes, cans, cartons and bottles
- Disposable forks and spoons
- Pre-packaged lunches or single serve meals

Keep an eye out for lunchbox ideas featured in future newsletters. Help us reduce the amount of waste we produce here at school.

More information to follow in future newsletters.

**For more information on Nude Food visit:  
Nude Food- Wipe Out Waste**



## "Say Cheese"

**MSP Photography  
are on their way!!!**

**School Photo Day is:**

Wednesday, 26th June and Thursday, 27th June 2019.

**Have your child's school memories  
captured forever.**

Please take time to read the relevant information on the MSP payment envelopes & remember these helpful points:

- Don't seal envelopes inside each other – You can pay for all children in one envelope however each child needs to have their own envelope on photo day.
- Use the Shootkey on your envelope to order online!
- Family envelopes are available at the school office upon request.
- Please enclose correct money as no change is given – cash, cheques and money orders only. Credit card payments can only be made online.

Please feel free to visit our web site  
[www.msp.com.au](http://www.msp.com.au)

christians  
against  
poverty

**CAP**

## Struggling with debt?

CAP are Australia's largest FREE 'to your door' debt management charity. Working with you to provide a personal budget solution to help repay debt, CAP uses this budget to help negotiate fair repayments with your creditors. If you or someone you know is struggling under the weight of unmanageable debt you are not alone and CAP is here to help.

**Call 1300 227 000 to be put in contact with you nearest Debt Centre**

**and start your journey towards being debt free!"**

## Happy Haven OSHC

### The Pines

**We are open:**

**School Terms**

Monday–Friday

6:30am–8:30am

3:00pm–6:00pm

**Vacation Care**

Monday–Friday

6:30am–6:00pm

**For bookings contact us on:**

**8155 5444**